

**Record of Discussion  
School Health Coordinators' Committee Meeting  
March 10<sup>th</sup>, 2020**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	Daniel Naiman
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
NB	Beth Morrison Sylvia Reentovich
PE	Sterling Carruthers
NS	James Shedden
NL	Peggy Orbasli
NU	
NT	Elaine Stewart
YK	
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst

## Record of Discussion

### 1. Welcome and Roll Call

The co-Chairs welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the September 10<sup>th</sup> 2019 teleconference

The Record of Discussion from the December 10<sup>th</sup> and 11<sup>th</sup> face-to-face meeting was approved, after changes on the Health Behaviour of School-aged Children portion.

### 4. Presentation - *Climate Change, Lyme Disease and School-Aged Children* (Shanna Sunley and Leslie Anne-Dams, PHAC)

Slide deck as presented:



JCSH Presentation  
(Lyme Disease).pdf

#### ***Discussion:***

It is important that we determine how best to balance the promotion of Lyme disease messaging and other climate change/health messaging, in a way that doesn't exacerbate further eco-anxiety in youth.

The presenters responded that this is a challenge they are actively working on to find solutions: among them, the travelling suitcase exhibit – informative, tangible, and action oriented - what kids can do to protect themselves, plus curiosity features to initiate exploration.

Managing the cost-benefits of outdoor play has led to varied responses in the need to balance promotion of outdoors with fears: from providing tick removal kits to teachers to having camping equipment include tweezers - a whole population response that includes options which empower kids.

### 5. Secretariat Update

In addition to the written update, the following information was shared:

#### **a. New JCSH website**

The JCSH website has undergone a complete refresh. For those wanting access to the private/Members side of the website, they will need to go to the log-in section of the website and [Pan-Canadian Joint Consortium for School Health](http://www.jcsh-cces.ca) [www.jcsh-cces.ca](http://www.jcsh-cces.ca)

complete the password change process. Over the past several weeks, Susan has been reloading a number items, in an effort to reorganize the private/Members side of the website.

## 6. Mandate Renewal

### a. Overview of process and outcomes

Deputy Ministers of Health met via teleconference on February 20<sup>th</sup>. The JCSH mandate renewal proposal was put forth as a decision item, with positive response during the discussion; it was reported as a decision. Following the call, several jurisdictions indicated that they felt a jurisdiction by jurisdiction sign-off was required. This process is being conducted via an email from Katherine to all JCSH Health representatives. Following confirmation from all jurisdictions regarding their intent, Katherine will report back to The Health Support Committee which supports CDMH. On the education side, in conjunction with officials at CMEC, a memo package went out to all Deputy Ministers of Education March 9, with a two week turn around request for responses. Once all respective responses are received, the Agreement will be sent out for sign-off.

### b. Draft Agreement

The Draft Agreement was sent out in February to SHCC for comments. The Agreement is the formal process for signing by member provinces and territories, and reflects updates in Executive Summary and Strategic Directions documents. If Katherine receives no further comments, the Draft Agreement will be sent to Management Committee and copied to SHCC.

When the Agreement is signed, the members will receive invoices for this fiscal. Alberta is only jurisdiction requiring three signatures; a signature line for AB Intergovernmental Affairs will be added. A draft of the Agreement was sent to all PTs in February for review.

#### *Discussion*

Jennifer (ON) advised that, pending approval, Ontario will move forward with a two-year agreement; this will be reassessed after two years.

### c. JCSH Annual Workplan

Katherine advised that a working group has been developing a draft annual work plan. After the committee reviews the draft, it will be sent to SHCC for feedback. The plan currently lists activities for each of the strategies, along with responsibility lead(s). Timelines will be developed when the activities are finalized.

#### *Discussion:*

It will be important to have the full SHCC involved in planning actions; it should go to Management Committee for review in a close-to-final version.

Action: Katherine will send out a Doodle for a broad SHCC teleconference to discuss the work plan; the date for the call will be some time around March 25.



#### **7. PHAC Projects for 2020-2021**

As per the new funding model for the proposed JCSH mandate renewal, PTs and PHAC will now be contributing less annually to the JCSH. Suzy advised that, in light of this new funding model, PHAC is looking to direct the additional funds (100K annually) towards initiatives that would ideally align with the work and priorities of the JCSH. Proposed initiatives that PHAC is currently considering are: 1) Micro-grants to promote mental health and well-being among youth, and 2) The creation of a Youth Advisory Committee. PHAC is open to input and ideas from any and all jurisdictions relating to other key projects and initiatives that they feel might also be well suited for this funding.

#### **8. SHCC Co-Chair**

Alberta's two-year term as SHCC Co-Chair will be ending - effective March 31<sup>st</sup>, 2020. Pat has indicated that she will remain on during the transition period. PTs have been asked to consider taking on the co-chair position alongside the PE co-Chair. If anyone is interested, they are asked to contact Sterling or the JCSH Secretariat.

#### **9. Meeting Formats**

The JCSH is currently exploring new technology options for meetings (ie - video conferencing, etc), and will need to seek out a platform (or platforms) that will work on an IT level across all jurisdictions.

<p><u>Action:</u> Susan will send email to SHCs asking for what videoconferencing options are permitted by them.</p>
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#### **10. Review of Action Items**

The Action Items Table was reviewed. Susan advised that the deadline for updates to the Student Injury Prevention Environmental Scan is March 25.

#### **11. Next Meeting**

- April 14<sup>th</sup>, 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

#### **12. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
April 14<sup>th</sup>, 2020**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Representative</b>	<b>Jurisdiction</b>
BC	
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris
MB	Jennifer Wood
ON	Jennifer Munro-Galloway
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Katherine Kelly	Executive Director
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Craig Watson	Research Analyst



## Record of Discussion

### 1. Welcome and Roll Call

The co-Chairs welcomed all to the call.

### 2. Review and Approval of Agenda

The agenda was approved as written.

### 3. Approval of Record of Discussion from the March 10<sup>th</sup> 2019 teleconference

The Record of Discussion from the March 10<sup>th</sup> teleconference was approved.

### 4. Mandate Renewal: Update

#### a. Overview

Deputy Ministers of Health met via teleconference on February 20<sup>th</sup>, with the JCSH mandate renewal proposal put forth as a decision item. Following the call, several jurisdictions indicated that they felt a jurisdiction by jurisdiction sign-off was required. Katherine conducted this sign-off process via email to all JCSH Health Representatives. To date, Katherine has received go-ahead responses from 5 jurisdictions. A follow-up/reminder email was then sent out to remaining jurisdictions. Several jurisdictions responded, indicating that, given the complexities of the Covid-19 pandemic, this sign-off process is not a priority at this time. On the education side, and in conjunction with officials at CMEC, a memo package went out to all Deputy Ministers of Education on March 9<sup>th</sup>, with a sign-off request of March 23<sup>rd</sup>. Katherine received go-ahead responses from 2 jurisdictions. Similar to the health side, CMEC contacted Kathrine and indicated that, given the complexities of the Covid-19 pandemic, this sign-off process is not an immediate priority. The overall sign-off process will be renewed accordingly, as things begin to return to normal for all jurisdictions. In the meantime, Katherine will continue to work with jurisdictions via email to expedite the approval process.

#### b. Agreement

When a return to normal is reached, and jurisdictional sign-offs have been received, the Agreement will be the next step in the mandate renewal process. The Agreement is the formal process for signing by member provinces and territories, and reflects updates in Executive Summary and Strategic Directions documents. A Draft Agreement was sent to the SHCC for review, and input has been received.

### 5. Draft JCSH Work Plan 2020-2021

A working group has been developing a draft annual work plan for 2020-2021. The draft was sent out to the SHCC for their review and feedback. Susan has compiled a new version of the draft work plan, incorporating feedback and input received to date. Along with activities for each of the strategies, and responsibility lead(s), a timelines section has been added.

#### *Discussion:*

Given the complexities of Covid-19 as it relates to students and schools, the re-entry of students back into school life (and support for those students and school communities) should be a primary focus of the JCSH 2020-2021 work plan.



Action: Katherine to send out a Doodle poll to determine a date for the next working group teleconference

## 6. Emerging Trends and Opportunities / SHCC Check-in

### **YK**

Yukon schools have announced they will be closed for the remainder of the year. The Health Promotion Unit is looking at releasing informational PowerPoint presentations with voiceovers, as they have had requests from families - specifically around youth vaping. With youth and adolescents now distanced from their peers, some are realizing that they are heavily addicted to vaping. As a result, parents (through Yukon's QuitPath Program) are reaching out, in search of cessation programs for their children. They are also doing presentations on sexual health.

### ***Discussion:***

Interest was expressed in having the sexual health and the vaping presentations shared with SHCC.

### **NT**

New work has been done around youth vaping, in an effort to have students more directly involved in the conversation. Students in schools were polled directly, to determine what specific questions they had about vaping, and what they feel they already know about vaping. Facebook Live sessions were held, engaging parents and community members, and pediatric addictions specialists were consulted. It has been important to implement a process where youth, post-Covid, are involved in shaping their environment, and where their voices are included in initiatives. Because internet access and capacity is challenging in the North at this time, guided inquiries exemplars that do not rely on internet are being investigated.

### **PE**

Work is currently being done around emergency food ports, in an effort to assist students and families that had been relying on breakfast and lunch programs. In conjunction with PEI's Department of Social Development and Housing, and with guidance and direction from the Chief Public Health Office, a food delivery service of sorts has been put in place. Currently, both paid and volunteer chefs are using two schools and two restaurants to prepare meals. Staff from Transportation have been tasked with delivering these meals directly to families. One meal per child, for every day of the week is being provided. Youth vaping is also being addressed, as it relates to this new Covid-19 environment.

### **NB**

Finding daycares for the children of essential workers has become a significant challenge in the province. Online learning platforms have been launched; however, there have been significant access issues, as several areas of the province are lacking adequate internet. As a result, many students are not able to access these online resources and learning opportunities. Supporting physical activity in students has also been a focus, in trying to get kids away from screens and outside. The primary focus has been student well-being – physical activity and over all mental well-being.



## **ON**

The province has been working on distance learning challenges and how to get the funding out for student / families nutrition. The ability to secure funding for student nutrition programs has been cited as the number one concern: all fourteen lead agencies that operate the program in the province are have been working with local food banks and principals, in an effort to identify families in need. Colleagues are still really interested in environmental scans – still interested in the injury prevention scan, and an update of the bullying scan.

## **MB**

Manitoba's Premier just announced that hours of work for government employees may be reduced, with non-essential/non-frontline workers reduced to working 2-3 day weeks, while collecting EI through the federal government's EI Work-Sharing Program. The province has just issued a Request For Proposals, in search of a company that could coordinate a nutrition supports program at the provincial level. Operating grants have been provided to daycare centers for essential health services personnel and frontline workers.

## **SK**

An Education Response Planning Team was formed after schools in the province closed indefinitely. The team will focus on both the corporate/business side of education, as well as the instruction side. Similar to other jurisdictions, the province is experiencing challenges with the online learning environment - as many students are not able to adequately access the resources and learning opportunities.

## **AB**

The Alberta School Boards Insurance Exchange (ABSIE) has cautioned school authorities and teachers against offering any kind of physical education programming as part of their online classroom education. They have stated that if a student is injured in the home while being advised/educated through a teacher (from a physical education perspective), this would fall back on the school authorities.

### ***Discussion:***

Response to this issue: in SK, the focus is more on numeracy and literacy; in NB, to have students go outside, get fresh air, understand their well- being is most important consideration; in PEI, looking at a non-government organization initiative on low-impact activities, also at liability exposure; in ON, questions around liability are being asked, with no response yet.

## **PHAC**

The HBSC national report was supposed to be released the end of April but is aiming for a May 19<sup>th</sup> release date, to coincide with the expected release that day of the international report. PHAC had planned to release eight mini reports focusing on specific topics that had been generated in conjunction with the JCSH; however, they are now exploring going ahead with four. PHAC is considering the idea of establishing a Youth Advisory Council, in an effort to ensure that youth voice



is present when the re-entry process to schools begins across the country. This may be a way to use the additional funds, if there is interest from JCSH.

**Action:** Suzy will send out the list of possibilities for the mini-reports and invite feedback from School Health Coordinators. Also, she welcomes interest from SHCC in a youth advisory council.

Note: This youth advisory council is different from the request that came out in an email from Susan on Mar 2, 2020, re: Canadian Institutes for Health Research (CIHR), specifically the Institute of Human Development, Child and Youth Health (IHDCYH). They are working "to bring the youth voice directly into our conversations and priority development" and are seeking applications from diverse youth living across Canada who are 12-15 years old and "passionate about health and/or health research."

[Application deadline: March 15, 2020.](#) More information is available in the link.

## 7. Meeting Formats

The JCSH is in the process of exploring new technology options for future meetings (ie - video conferencing, etc), that allows for a more interactive approach to teleconferences. Given that jurisdictions have varying restrictions on the use of certain video conferencing tool, it will need to be determined what platform (or platforms) will work across all jurisdictions.

<p><u>Action:</u> SHCC will explore what video conference tools are available to them in their respective jurisdictions.</p>
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## 8. Next Meeting

- May 12<sup>th</sup>, 2020 teleconference

*All teleconference meetings begin at 1:00 Eastern Time.*

## 9. Adjournment

### Record of Discussion School Health Coordinators' Committee Meeting



**May 12 2020**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	Cassandra Sullivan
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris Jonathon Renwick
MB	Jennifer Wood
ON	Jennifer Munro-Galloway Ivia Seat Stephanie Prosperi
NB	Sylvia Reentovich
PE	Sterling Carruthers
NS	
NL	Peggy Orbasli
NU	
NT	Elaine Stewart
YT	Ian Parker Brenda Jenner
PHAC	Suzy Wong
<b>Secretariat</b>	
Katherine Kelly	Executive Director
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst



## Record of Discussion

### 10. Welcome and Roll Call

The co-Chairs welcomed all to the call.

### 11. Review and Approval of Agenda

The agenda was approved as written.

### 12. Approval of Record of Discussion from the April 14<sup>th</sup> 2019 teleconference

The Record of Discussion from the April 14<sup>th</sup> teleconference was approved.

### 13. Mandate Renewal: Update

Following the April SHCC teleconference, Katherine sent a follow-up/reminder email to the jurisdictions that had not sent in approvals for the mandate renewal. To date, Katherine has received go-ahead responses from 6 jurisdictions on the Health side, and 7 on the Education side. Given the complexities of the Covid-19 pandemic, the mandate renewal sign-off process has been a challenge.

Katherine noted that this would be her last SHCC teleconference, as Friday, May 15<sup>th</sup> will be her last day with the JCSH. Prior to her departure, Katherine will meet with John Cummings (Chair - JCSH Management Committee) to review end-of-fiscal details, in an effort to determine where the current JCSH surplus stands. Following Katherine's departure, Susan will be the lead contact for the JCSH.

### 14. Draft JCSH Work Plan 2020-2021 and Executive Summary

Sterling and Susan updated the group on the work done to date on the draft JCSH annual work plan for 2020-2021. A draft version of the latest work plan has been sent out to the SHCC for review and feedback, along with an Executive Summary.

#### ***Discussion:***

As a next step, it would be helpful to develop a companion document that supports and accompanies the work plan - one that is perhaps more actions-focused, and helps to flesh out and clarify the work plan further. This document could act as a companion piece to the Executive Summary. As well, another key next step for the work plan will be to focus on timelines for the work of the JCSH.

### 15. Emerging Trends and Opportunities / SHCC Check-in

#### **BC**

School meal/food programs have been a focus, as the province has been mandated to continue to offer these programs to vulnerable students and families during this Covid-19 period. This will be the first time that BC's school food programs will be offered throughout the summer months.

#### ***Discussion:***

YK is facing similar challenges, including coordination among the different groups working with food security issues. The Department of Education has just released guidelines outlining the circumstances under which schools can distribute food.



**Action:** Ian will share food distribution guidelines.

PE is using emergency food ports to assist students and families that had been relying on breakfast and lunch programs. In conjunction with PEI's Department of Social Development and Housing, and with guidance and direction from the Chief Public Health Office, a food delivery service has been put in place. Both paid and volunteer chefs are preparing meals, and re-purposed staff from Transportation have been tasked with delivering these meals directly to families (one meal per child, for every day of the week).

MB's Department of Education has issued a Request For Proposals, in search of a company that could coordinate a nutrition supports program at the provincial level. Civil servants and call centers have been re-tasked to support this program.

In AB, all surplus food from farmers that had initially been going to restaurants is now being redirected to food banks for redistribution. Several groups (Department of Agriculture, Children's Services, etc) are facilitating the programming for this redistribution of food.

General: The Federal Provincial Territorial Group on Nutrition is compiling food distribution work being done throughout the country. Provincial nutritionists are working in each province/territory on this; also Nutrition North. A template has been developed by the FPTGN.

**Action:** Pat will send FPTGN template to the Secretariat.

#### **AB**

AB schools will be closed for the remainder of the year, with return-to-school details and protocol currently being addressed for three options: 1) a fall 2020 return for all students, 2) K-5 students return in the fall, with all other students continuing in an online environment, and 3) all students would return later, possibly January 2021. The current focus is how best to support students and teachers.

#### **SK**

SK schools will be closed for the remainder of the year, with a return in September 2020 at the earliest. The Ministry of Education recently met with the Board of Directors and coordinators from all school divisions to discuss return-to-school protocol, and resources for trauma-informed teaching, self-regulation strategies, and anxiety management. A PowerPoint deck to address these areas for staff is in development; any information on these areas is welcome.

#### **Discussion:**

A recent request by Pat for responses on trauma informed practices will be shared with School Health Coordinators when complete. This topic is also on the agenda for the CMEC Assistant Deputy Ministers' Committee on student and teacher wellness.

#### **MB**

There is no decision on return to school, possibly in the fall. Food security concerns now include household food security as well as supply chain challenges. Several grants for MB's non-governmental organizations are being cut this year, in an effort to re-direct funds to the frontlines.

#### **ON**

School breakfast/snack and meal programs in the province are funded through and operated by fourteen lead agencies. Each region in the province has an organization responsible for fundraising, coordination with principals and schools, but each looks different in accessing food boxes, grocery gift cards, and other formats. It is not yet known whether these programs will continue past June. Conversations continue on return to school in the province; there is much interest in how this will work in Quebec. From a policy perspective, scoping work is underway on what healthy schools will look like post-Covid from a comprehensive school health perspective. It is helpful to have this focus discussed at the SHCC table, in issues that include physical activity, school food, injury prevention and CSH in general.

#### **NB**

The re-opening of the province is now slowly being phased in. Childcare and early learning facilities will be re-opening on May 19; Education is looking at a September return to school. Nurses with the Healthy Learners in Schools initiative usually are at work applying the CSH approach, but have been working on Covid response. Post-Covid, it will be easier to share their understanding of what this approach in schools looks like.

#### **NL**

Schools in the province will remain closed for the rest of the school year. Online learning is voluntary for those students with internet access; for those not able to access the resources online, teachers have been mailing out work to them. As part of reopening plans, NL is alert level-4 of 5 alert levels; in this phase, child care facilities will open with numerous restrictions and school districts are advising parents to concentrate on promoting social emotional learning, being outdoors. The Department of Education is hopeful that schools will re-open in September, but also looking at a number of options, including digital learning, attending school in shifts. Food security for students and families has been a focus in the province, and some funds have been redirected to community groups that are working to ensure that food is reaching the most vulnerable families.

#### **YT**

Yukon schools have announced they will be closed for the remainder of the school year. Online learning for students continues; however, the delivery is inconsistent, and varies significantly from school to school, and among teachers. Planning has begun to address what return-to-school scenarios might look like. Department messaging to staff and schools has been very much focused on social-emotional learning, and health and wellness for students and families at home.

#### **PE**

In addition to the school food program to support students and families, the re-opening of the province is slowly being phased in. Some students who need additional supports have returned to

some schools on a part-time basis. There is no widespread return to school before September.

**PHAC**

No report.

**16. Next Meeting**

- June 9 2020

*All meetings begin at 1:00 Eastern Time.*

**17. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
June 9 2020**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

Jurisdiction	Representative
BC	
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris Jonathon Renwick
MB	Jennifer Wood Stephen Howell
ON	Jennifer Munro-Galloway Stephanie Prosperi
NB	
PE	Sterling Carruthers
NS	
NL	Peggy Orbasli
NU	Shara Berstein



NT	Elaine Stewart
YT	Brenda Jenner
PHAC	Suzy Wong
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst





## Record of Discussion

### 18. Welcome and Roll Call

The co-chairs welcomed all to the meeting.

### 19. Review and Approval of Agenda

The agenda was approved as written.

### 20. Approval of Record of Discussion from the May 12 2020 meeting

The Record of Discussion from the May 12 2020 meeting was approved.

### 21. Mandate Renewal: Update

To date, on the education side, 9 jurisdictional approvals have been received, while there have been 7 jurisdictional approvals received from the health side. Approvals are still pending from the Education Ministries in B.C., Yukon, the Northwest Territories, and Nunavut. Approvals are still pending from the Health/Wellbeing Ministries in Manitoba, Ontario, Newfoundland, Yukon, Nunavut, and the Northwest Territories. Susan will continue to work with jurisdictions via email to expedite the approval process. Despite not having Deputy Minister approvals back from all jurisdictions, the Management Committee has agreed to send out the formal Agreement. The Agreement will be sent to the Management Committee representative in each jurisdiction. Jurisdictional invoices will be forwarded once the Agreements have been signed.

### 22. Draft JCSH Work Plan 2020-2021 and Executive Summary

Sterling and Susan updated the group on the work done to date by the Task Group on the draft JCSH annual work plan for 2020-2021. A new version of the draft work plan has been developed, and most recently, an Executive Summary has been developed by the Task Group, as a companion piece to the work plan. The Task Group will be meeting again within the next week, and will begin work on timelines and responsibilities for the work plan. Both the Work Plan and Executive Summary were presented to the Management Committee during the June 5 meeting. Both documents will be reviewed by the Management Committee, with a 2-week turnaround request for feedback via email. With feedback complete, the documents will be finalized and shared with both Management Committee and School Health Coordinators' Committee.

#### ***Discussion:***

-As the mandate and work plan move forward, it is important that the JCSH looks to strengthen both new and existing partnerships with key organizations (CMEC, PHE Canada, etc), in an effort to highlight how the work of the JCSH aligns with the priorities of these key organizations.

-It is key that further discussion takes place between the SHCC and the Management Committee regarding the first stages of the work plan, immediately following the signing of the formal Agreements.

-Given that there were key discussions/decisions that resulted from the December, 2019 face-to-face Management Committee meetings, it was suggested that we try and determine whether a summary

document from the meeting was compiled by the meeting facilitator, Carol Gabanna. As it was primarily an in-camera meeting, the Secretariat was unable to complete a formal Record of Decision.

Action: Susan will discuss with John Cummings the suggestion from School Health Coordinators' Committee of a joint meeting with Management Committee.

Action: Secretariat will follow up with Carol Gabanna (Consultant/Facilitator for the December, 2019 Management Committee/ School Health Coordinators' Committee face-to-face meeting) to determine if a summary document was completed.

### **23. HBSC: Update**

Suzy provided the group with an update on the HBSC report. The national report will be released online on June 17. An executive summary will accompany the report; however, it will not be posted online. A webinar on the release of the national report is set for June 29, where the HBSC team will present on the national results, along with some information on the international report/comparisons. A series of mini-reports, webinars, and a seminar will be developed for the fall of 2020 to explore specific issues in more depth. Prince Edward Island, Nova Scotia, Alberta, Manitoba, Ontario, Yukon, and Northwest Territories have representative samples, and will receive provincial/territorial-specific reports.

Action: Susan will work with Suzy to develop a Common Briefing Note that jurisdictions can use as a summary document highlighting the HBSC report release and other communications pieces.

### **24. PHE Canada: Update**

Pat and Sterling recently took part in a webinar hosted by PHE Canada. The purpose of the webinar was to launch PHE Canada's draft guidelines document: *"COVID-19 Pandemic: Return to School Canadian Physical and Health Education Guidelines."* The intent of the document is to assist with decision-making and implementation of health and physical education upon a return to school. The intention is to have the JCSH set up a meeting via teleconference with PHE Canada, to discuss and explore how best the JCSH and PHE Canada can collaborate in supporting schools with return to learn processes, whenever that might be in each jurisdiction.

***Discussion:***

-Stephen (MB) is requesting information from other jurisdictions on any work currently being done to develop guidelines / recommendations for educators around physical education when a return to school happens.

### **25. Emerging Trends and Opportunities / SHCC Check-in**

**SK**

No report.

**MB**

Healthy Child Manitoba has recently been dismantled, with all of their programs now being farmed out. There will be an education review released this coming January, 2021.

#### **ON**

The province has just announced plans for reopening child care centers. They will be required to adopt specific rules, such as cohorting (i.e., children and staff in groups of 10 or less), screening before entering, strict cleaning measures, and a response plan if a child, parent, or staff member tests positive for COVID-19. Summer day camps throughout the province will also begin to reopen, following similar COVID-19 protocols. Schools in the province are finalizing plans and processes for parents and students to pick up personal items that may have been left behind when the shut-down occurred.

#### **NL**

As part of reopening plans, NL is alert level-3 of 5 alert levels; in this phase, some sports have been permitted to start up again with no competition allowed, and a practice-only rule in place. Schools in the province have been finalizing plans and processes for parents and students to pick up personal items that may have been left behind when the shut-down occurred. The school year has officially come to an end in the province, and planning continues to address what return-to-school scenarios might look like for this coming fall, should schools reopen.

#### **NT**

Currently, all schools and school boards are working on generating reports on their progress in developing plans that adhere to the recommendations of the Chief Public Health Officer. These plans, along with a gap analysis of particularly problematic areas, will be reviewed over the coming week, with the intention that schools will reopen this coming fall, 2020. In response to nutrition guidelines put forth by the Chief Public Health Officer, Education will begin work with the territorial nutritionist to determine the healthiest food options/choices to be served in schools.

#### **YT**

Update is expected shortly from the Education Minister and Chief Public Health Officer regarding an education plan, looking towards August when things are scheduled to start up again.

#### **PHAC**

No report.

### **26. Next Meeting**

- July 14 2020

*All meetings begin at 1:00 Eastern Time.*

### **27. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
June 9 2020**

**Co-Chairs: Sterling Carruthers (PE), Pat Martz (AB)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	
AB	Pat Martz
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NL	Peggy Orbasli
NU	Shara Berstein
NT	Elaine Stewart
YT	Brenda Jenner
PHAC	Suzy Wong
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst



## Record of Discussion

### 28. Welcome and Roll Call

The co-chairs welcomed all to the meeting.

### 29. Review and Approval of Agenda

The agenda was approved as written.

### 30. Approval of Record of Discussion from the May 12 2020 meeting

The Record of Discussion from the May 12 2020 meeting was approved.

### 31. Mandate Renewal: Update

To date, on the education side, 9 jurisdictional approvals have been received, while there have been 7 jurisdictional approvals received from the health side. Approvals are still pending from the Education Ministries in B.C., Yukon, the Northwest Territories, and Nunavut. Approvals are still pending from the Health/Wellbeing Ministries in Manitoba, Ontario, Newfoundland, Yukon, Nunavut, and the Northwest Territories. Susan will continue to work with jurisdictions via email to expedite the approval process. Despite not having Deputy Minister approvals back from all jurisdictions, the Management Committee has agreed to send out the formal Agreement. The Agreement will be sent to the Management Committee representative in each jurisdiction. Jurisdictional invoices will be forwarded once the Agreements have been signed.

### 32. Draft JCSH Work Plan 2020-2021 and Executive Summary

Sterling and Susan updated the group on the work done to date by the Task Group on the draft JCSH annual work plan for 2020-2021. A new version of the draft work plan has been developed, and most recently, an Executive Summary has been developed by the Task Group, as a companion piece to the work plan. The Task Group will be meeting again within the next week, and will begin work on timelines and responsibilities for the work plan. Both the Work Plan and Executive Summary were presented to the Management Committee during the June 5 meeting. Both documents will be reviewed by the Management Committee, with a 2-week turnaround request for feedback via email. With feedback complete, the documents will be finalized and shared with both Management Committee and School Health Coordinators' Committee.

#### ***Discussion:***

-As the mandate and work plan move forward, it is important that the JCSH looks to strengthen both new and existing partnerships with key organizations (CMEC, PHE Canada, etc), in an effort to highlight how the work of the JCSH aligns with the priorities of these key organizations.

-It is key that further discussion takes place between the SHCC and the Management Committee regarding the first stages of the work plan, immediately following the signing of the formal Agreements.

-Given that there were key discussions/decisions that resulted from the December, 2019 face-to-face Management Committee meetings, it was suggested that we try and determine whether a summary

document from the meeting was compiled by the meeting facilitator, Carol Gabanna. As it was primarily an in-camera meeting, the Secretariat was unable to complete a formal Record of Decision.

Action: Susan will discuss with John Cummings the suggestion from School Health Coordinators' Committee of a joint meeting with Management Committee.

Action: Secretariat will follow up with Carol Gabanna (Consultant/Facilitator for the December, 2019 Management Committee/ School Health Coordinators' Committee face-to-face meeting) to determine if a summary document was completed.

### **33. HBSC: Update**

Suzy provided the group with an update on the HBSC report. The national report will be released online on June 17. An executive summary will accompany the report; however, it will not be posted online. A webinar on the release of the national report is set for June 29, where the HBSC team will present on the national results, along with some information on the international report/comparisons. A series of mini-reports, webinars, and a seminar will be developed for the fall of 2020 to explore specific issues in more depth. Prince Edward Island, Nova Scotia, Alberta, Manitoba, Ontario, Yukon, and Northwest Territories have representative samples, and will receive provincial/territorial-specific reports.

Action: Susan will work with Suzy to develop a Common Briefing Note that jurisdictions can use as a summary document highlighting the HBSC report release and other communications pieces.

### **34. PHE Canada: Update**

Pat and Sterling recently took part in a webinar hosted by PHE Canada. The purpose of the webinar was to launch PHE Canada's draft guidelines document: *"COVID-19 Pandemic: Return to School Canadian Physical and Health Education Guidelines."* The intent of the document is to assist with decision-making and implementation of health and physical education upon a return to school. The intention is to have the JCSH set up a meeting via teleconference with PHE Canada, to discuss and explore how best the JCSH and PHE Canada can collaborate in supporting schools with return to learn processes, whenever that might be in each jurisdiction.

***Discussion:***

-Stephen (MB) is requesting information from other jurisdictions on any work currently being done to develop guidelines / recommendations for educators around physical education when a return to school happens.

### **35. Emerging Trends and Opportunities / SHCC Check-in**

**SK**

No report.

**MB**



Healthy Child Manitoba has recently been dismantled, with all of their programs now being farmed out. There will be an education review released this coming January, 2021.

#### **ON**

The province has just announced plans for reopening child care centers. They will be required to adopt specific rules, such as cohorting (i.e., children and staff in groups of 10 or less), screening before entering, strict cleaning measures, and a response plan if a child, parent, or staff member tests positive for COVID-19. Summer day camps throughout the province will also begin to reopen, following similar COVID-19 protocols. Schools in the province are finalizing plans and processes for parents and students to pick up personal items that may have been left behind when the shut-down occurred.

#### **NL**

As part of reopening plans, NL is alert level-3 of 5 alert levels; in this phase, some sports have been permitted to start up again with no competition allowed, and a practice-only rule in place. Schools in the province have been finalizing plans and processes for parents and students to pick up personal items that may have been left behind when the shut-down occurred. The school year has officially come to an end in the province, and planning continues to address what return-to-school scenarios might look like for this coming fall, should schools reopen.

#### **NT**

Currently, all schools and school boards are working on generating reports on their progress in developing plans that adhere to the recommendations of the Chief Public Health Officer. These plans, along with a gap analysis of particularly problematic areas, will be reviewed over the coming week, with the intention that schools will reopen this coming fall, 2020. In response to nutrition guidelines put forth by the Chief Public Health Officer, Education will begin work with the territorial nutritionist to determine the healthiest food options/choices to be served in schools.

#### **YT**

Update is expected shortly from the Education Minister and Chief Public Health Officer regarding an education plan, looking towards August when things are scheduled to start up again.

#### **PHAC**

No report.

### **36. Next Meeting**

- July 14 2020

*All meetings begin at 1:00 Eastern Time.*

### **37. Adjournment**



**Record of Discussion  
School Health Coordinators' Committee Meeting  
September 8 2020**

**Chair: Cassandra Sullivan (BC)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	Cassandra Sullivan
AB	Pat Martz
SK	Anna Grumbly Jonathon Renwick Helen Flengeris
MB	Jennifer Wood Stephen Howell
ON	Jennifer Munro-Galloway Sana Javed
NB	
PE	
NS	James Shedden
NL	Peggy Orbasli
NU	Shara Bernstein
NT	Shayla Richards
YT	Ian Parker Brenda Jenner
PHAC	Suzy Wong Adrian Puga
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst

## Record of Discussion

### 38. Welcome and Roll Call

Cassandra welcomed all to the meeting.

### 39. Review and Approval of Agenda

The agenda was approved as written.

### 40. Approval of Record of Discussion from the July 14 2020 meeting

The Record of Discussion from the July 14 2020 meeting was approved.

### 41. Mandate Renewal: Update

Ministerial letters, a copy of the formal Agreement, and invoices for this coming fiscal year were forwarded to the Management Committee representative in each jurisdiction for formal sign off from respective Ministers. Signed formal Agreements from 5 jurisdictions have been received, with several jurisdictions still outstanding. John Cummings (Chair- JCSH Management Committee) has sent out follow-up emails to Management Committee representatives in those respective jurisdictions that have yet to return the signed formal Agreement.

### 42. Planet Youth (Presentation - Ian Parker)

Ian provided the SHCC with an overview of the Planet Youth Prevention Model, after having attended the “Planet Youth Conference” in Reykjavík, Iceland (March, 2020). Pioneered in Iceland, Planet Youth is a prevention model designed and proven to reduce or delay substance use among youth.

Slide deck as presented:



Planet  
Youth\_JCSH\_clean.cl

### ***Discussion:***

- Although the drinking age in Iceland is similar to that of Canada (Iceland drinking age: 20 years old), a theme throughout many European countries is that of a culture that sees drinking start much earlier than the legal age.
- How might this model/approach fit with current harm reduction approaches in Canada?
- It was suggested that there is a seemingly more puritanical abstinence approach in Iceland. This approach is one that would not likely work successfully in Canada, given what we know about harm reduction principles, and the conditions that lead to substance use in youth.
- Planet Youth has their own specific data collection tool that they use, and it can be adapted,

depending on where it is being used. Between data collection, and having it returned to the community, the turnaround time is 2 months (seemingly much faster than many other surveys, etc).

- Currently, the HBSC (Health Behaviour in School-aged Children) team is looking into possibilities for school-level results for the next round of the survey, as well as a faster turnaround for results.
- This model is similar to the [“Communities That Care” initiative in Manitoba](#). “Communities That Care” is a tested, effective community-wide initiative to promote positive, healthy development of children and youth. The “Communities That Care Youth Survey” looks at all risk and protective factors within a community.

#### **43. PHAC Plans: Funding Ideas (Adrian Puga, PHAC)**

Adrian Puga (PHAC) presented to the SHCC and put forth the following for discussion and feedback:

- Since the inception of the JCSH in 2005, PHAC has funded the JCSH through an annual grant of \$250,000
- Under the proposed new mandate for 2020-2025, PHAC would fund the JCSH through an annual grant of \$150,000
- PHAC has the opportunity to direct the balance of \$100,000 annually to other initiatives aligning with JCSH priorities
- How can PHAC investments align with JCSH Health and Education priorities?

#### ***Discussion:***

The SHCC brought forth a number of suggestions in regards to how and where the PHAC funds could be directed and used - given current challenges that are present in respective provinces and territories. It was suggested that any initiatives and planning must fall within a COVID-19 context for the foreseeable future. Suggestions brought forth:

- Equity and diversity
- Physical activity - worsening rates in students; Sport Canada/Canada Fitness Challenge
- Addressing youth gathering; need for social distancing
- Systemic racism
- Youth empowerment
- Substance use/Vaping
- Student anxiety/Coping skills in face of family job loss
- Family violence since the beginning of Covid
- Positive youth development
- Food insecurity
- Effective health promotion approaches in a Covid context



- LGBTQ students
- Student anxiety and depression
- Protective factors in schools
- Access to technology
- Culturally responsive service delivery
- Mental health and well-being (students and staff)
- Using CSH to implement well-being
- Upstream approaches to address health inequities

#### **44. Emerging Trends and Opportunities / SHCC Check-in**

##### **YT**

The [Putting People First](#) report, released in May, has called for major, system-level changes to improve Yukon's health care system. In conjunction with Health Canada, work is currently underway on a SUAP ("Substance Use and Addictions Program") application - with plans to engage with individuals (specifically in rural/remote communities), to build and share knowledge on effective treatments for substance use. This work will bring together several different sectors of the Yukon Government.

##### **NWT**

Students and staff have returned to school in the majority of school districts, with a primary focus on trying to develop more systemic ways/approaches to support the mental health/health and well-being of both students and staff.

##### **NU**

Most students and staff have returned to school, with things running smoothly to date. During the summer months, the Department of Education worked to develop Covid-related toolkits for schools. The Department of Education also developed the "[Recovery Learning Framework for School Leaders.](#)" This framework will help to guide school staff and learning environments as in-class learning resumes for K-12 students. Unreliable internet continues to be a challenge in schools, as well as remote service delivery and support. The Department is confident that by the end of the school year, much insight will be garnered in terms of how best to provide culturally responsive service delivery in a remote context.

##### **NL**

The current focus is on return-to-school plans and protocols. Work continues on the guidance documents, and the school district plans and logistics. Work also continues on the physical activity and healthy eating policies for schools, as well as a revamping of the school food guidelines policy.

##### **ON**

Schools have reopened with a staggered entry among districts. There is significant surveillance happening in the province, with field service officers communicating daily with the Covid leads from

all 72 school boards.

**MB**

Schools in the province have reopened. Work continues on the development of the substance use curriculum.

**AB**

Schools in the province have reopened. To date, seven schools have already confirmed that they have active Covid cases.

**SK**

Schools in the province have reopened with a staggered start. School divisions can now apply to funding that has been made available for PPE (personal protective equipment) and learning supports (including online learning supports). Testing will be available, with staff and students as the priority for the testing. Mask use is required for students in grades 4-12.

**BC**

Work continues on what the unintended consequences might be as students return to school, with a focus on potential inequalities that might exist from the implications of Covid, and schools having been closed for such a long period of time.

**PHAC**

No report.

**45. Upcoming Meetings**

- October 13 2020
- November 10 2020
- December 8 2020

*All meetings begin at 1:00 Eastern Time.*

**46. Adjournment**



**October 13 2020**

**Co-Chairs: Cassandra Sullivan (BC), Sterling Carruthers (PE)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	Cassandra Sullivan
AB	Pat Martz
SK	Anna Grumbly Jonathon Renwick Helen Flengeris
MB	
ON	Sana Javed Irene Lai Adam Laydak
NB	Sylvia Reentovich
PE	Sterling Carruthers
NS	James Shedden
NL	Peggy Orbasli
NU	Shara Bernstein
NT	Kaitlynn Dewhirst
YT	Ian Parker Brenda Jenner
PHAC	Stéphanie Arbez Suzy Wong
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst



## Record of Discussion

### 47. Welcome and Roll Call

Sterling welcomed all to the meeting.

### 48. Review and Approval of Agenda

The agenda was approved as written.

### 49. Approval of Record of Discussion from the September 8 2020 meeting

The Record of Discussion from the September 8 2020 meeting was approved.

### 50. Annual Work Plan 2020-2021 / Annual Work Plan Fall 2020 Priorities: Update

Susan updated the SHCC on the status of the JCSH Annual Work Plan 2020-2021, the progress/direction for the fall 2020 priorities, and reviewed pertinent action items from the Work Plan that require feedback from both the JCSH Management Committee, and the SHCC (ie - future of the Healthy School Planner, PHAC surplus funding, etc).

#### *Discussion:*

- There was concern expressed regarding whether the JCSH can move forward with advancing action items on the Work Plan before formal Agreements are signed by all jurisdictions (given that there are several jurisdictional sign-offs still outstanding).
- The Secretariat has been moving forward with advancing action items from the Work Plan, given that there was a stated willingness to do so from the Management Committee and the SHCC (even without all formal Agreements being signed).
- Susan will be meeting with John Cummings (Chair - JCSH Management Committee), and will confirm whether or not the Management Committee is able to meet and make decisions in advance of the remaining signed Agreements being received. As well, Susan will confer with John, and determine a suitable date for a Management Committee meeting (as well as the potential for a joint Management Committee/SHCC meeting).
- PHAC's share of their surplus that is not allocated for this fiscal year's operations (\$ 50,000) is also being applied to this fiscal year, and cannot be carried forward. Given that, this surplus funding will need to be spent prior to March 31 2021. Susan will confer with John to determine what JCSH priorities/initiatives might be best suited for the funding. Ideally, the SHCC will drive the direction of the potential initiatives, with a sign-off from the Management Committee.

### 51. Annual Report 2020

Susan updated the SHCC on the work that has begun on the JCSH 2020 Annual Report. There was discussion last summer (2019) around the Mandate Renewal Working Group table regarding the JCSH Annual Report - with a recommendation that the Annual Report abandon the jurisdictional updates section, and focus exclusively on the activities of the JCSH. Based on that recommendation, Susan



recently sent an email to the Management Committee, to assess the level of interest in having a section on jurisdictional updates/initiatives for the 2020 report. Management Committee has made the decision to forgo the jurisdictional updates/initiatives section for the upcoming annual report.

## **52. Emerging Trends and Opportunities / SHCC Check-in**

### **BC**

BC's Public Health Officer has declared a joint public health emergency on Covid-19 and the opioid crisis.

### **AB**

No report.

### **SK**

No report.

### **ON**

No report.

### **NB**

Current focus within schools is on supporting the immediate mental health/health and well-being needs of students.

### **NS**

The Health Promoting Schools team is currently developing a school food guide, as well as doing work around physical activity/outdoor spaces, school transportation, and the newly revised Inclusive Education Policy. The team has also begun work on a set of Health Promoting Schools Standards. Public Health has also created a Covid-response team to work directly with schools - with their primary focus being communications, and outbreak response.

### **NL**

Newfoundland has a new Premier. The Health Promotion division has been moved to the Department of Health and Community Services. The focus within schools was COVID-19 in September, but the cases have remained low and the focus has shifted to social-emotional learning and mental well-being. Flu shots will be offered to students and staff in grades 4-12 in schools this year.

### **NU**

The current focus within schools is on supporting the immediate mental health/health and well-being needs of students, staff, and families. During the summer months, the Department of Education worked to develop a Covid-related toolkit for schools - the "[Recovery Learning Framework for School Leaders](#)." Currently, the Department is supporting schools and families in preparing for a possible transition to blended or remote learning.



#### **YT**

The Department of Education is reporting that it has seen an uptick in requests and concerns related to cyberbullying, mental health, as well as advocacy requests from the Child and Youth Advocate's office. Currently, the Department is working to determine how best to return grades 10-12 students back to school on a more full-time basis (from the current half day model that is in place). On the Health front, infographics related to the HBSC data are currently being developed. It is the intention to bring these infographics back to the schools where the data was collected, as well as use them as an information piece for teachers and adult allies. In conjunction with Health Canada, work is currently underway on a SUAP ("Substance Use and Addictions Program") application - with plans to engage with individuals (specifically in rural/remote communities), to build and share knowledge on effective treatments for substance use among youth. The CSH Model, Developmental Assets Model, and PHAC's "Blueprint for Action" will be used as complimentary pieces to this - with the long term goal of introducing the Planet Youth/Icelandic Model.

#### **PHAC**

No report.

#### **PE**

A new Provincial School Food Initiative has been launched - providing healthy lunch options for students across all schools in the province.

### **53. Action Items Table**

The Action Items Table was reviewed.

**Action:** The SHCC has been asked to please review the new changes to the public side of the JCSH website and provide feedback accordingly.

**Action:** Susan encouraged the SHCC to review the JCSH summary of the SHCC comments/feedback that has been received pertaining to PHAC's Blueprint for Action draft document.

**Action:** Based on some of the Survey Monkey feedback pertaining to recent presentations during SHCC WebEx meetings (ie- Ian Parker/Kim Weatherby presentations), it was noted that there may be interest in keeping these types of presentations separate from monthly SHCC meetings, and offering them as stand-alone webinars. The SHCC was asked to consider this new option, and provide feedback to the Secretariat.

### **54. Upcoming SHCC WebEx Meetings**

- November 10 2020
- December 8 2020
- January 12 2021



*All meetings begin at 1:00 Eastern Time.*

**55. Adjournment**

**Record of Discussion  
School Health Coordinators' Committee Meeting  
November 10 2020**

**Co-Chairs: Cassandra Sullivan (BC), Sterling Carruthers (PE)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	Cassandra Sullivan
AB	Pat Martz
SK	Anna Grumbly Helen Flengeris Jonathon Renwick
MB	Jennifer Wood
ON	Sana Javed Irene Lai Adam Ladak
NB	Aisha Khedheri Jeff LeBlanc
PE	Sterling Carruthers
NS	James Shedden
NL	Peggy Orbasli
NU	Shara Bernstein
NT	
YT	Ian Parker Brenda Jenner
PHAC	Stéphanie Arbez Suzy Wong
<b>Secretariat</b>	
Susan Hornby	Senior Advisor
Craig Watson	Research Analyst

## Record of Discussion

### 56. Welcome and Roll Call

Cassandra welcomed all to the meeting.

### 57. Review and Approval of Agenda

The agenda was approved as written.

### 58. Approval of Record of Discussion from the October 13 2020 meeting

The Record of Discussion from the October 13 2020 meeting was approved.

### 59. Mandate Approval Update and Autumn 2020 Work Plan

#### ● Mandate Approval

Signed formal Agreements from several jurisdictions are still outstanding, and work continues to facilitate and secure sign-off from these respective P/Ts.

#### ● Autumn 2020 Work Plan

Susan updated the SHCC on the status of the JCSH Work Plan - more specifically, the progress/direction for the autumn 2020 priorities. The Secretariat has been actively moving forward with advancing action items from the JCSH Work Plan. A suitable date for a joint Management Committee/SHCC meeting is currently being secured, with a draft agenda being developed.

Travis Saunders, a health researcher at UPEI, is currently working with a research team to develop Education-Related Sedentary Behaviour Recommendations for school-aged children and youth. The purpose of the project is to develop specific recommendations for education-related sedentary behaviours performed both at home and at school. Susan has been asked (along with several other experts from around the globe) to serve on the expert panel that will draft these recommendations. The panel members would be expected to provide feedback on the process, review evidence, contribute to the drafting and editing of Guidelines and related manuscripts, and distribute the Guidelines amongst their professional networks. John Cummings (Chair - JCSH Management Committee) supports JCSH/Susan's involvement as part of this panel.

### 60. SHCC Task Groups and Agendas

#### ● Task Groups

It was suggested that forming specific task groups (made up SHCC members with Secretariat) would be extremely beneficial, and key to moving some of the bigger JCSH Work Plan pieces/priorities forward (ie- Autumn 2020 Work Plan Action Priorities Task Group, JCSH Project 2020-2021 Task Group, Healthy School Planner Task Group, etc).



Regarding the Project task group, JCSH has a project budget for this fiscal year of \$50,000 - the portion of PHAC's share of the surplus not allocated for operations. These funds need to be spent by March 31, 2021 so this task group will explore a project that can be well underway/completed in a short period of time for this funding amount.

**Action:** Secretariat to send out task group options based on current priorities, and have SHCC members sign on to one (or more) of the groups.

- **SHCC Meetings / Meeting Agendas**

In an effort to ensure that SHCC meetings / meeting agendas are as efficient and valuable as possible for SHCC members, a new month-to-month meeting format was proposed - whereby one monthly meeting would be content heavy, with robust agendas, followed the next month by a presentation-focused meeting, with guests presenting on various / relevant topic areas. The presentation-focused meetings would allow for a wider audience, with SHCC members able to invite key colleagues and stakeholders to participate in these meetings accordingly, and showcase the work of the JCSH.

## **61. Emerging Trends and Opportunities / SHCC Check-in**

### **PHAC**

In celebration of [National Child Day](#), PHAC will be hosting a webinar on Friday, November 20, 2020 - entitled: "Health Inequalities and our Canadian youth: who is vulnerable and how can we close the gaps?" The webinar will use health inequalities findings from the national and international Health Behaviour in School-aged Children (HBSC) survey and the Pan-Canadian Health Inequalities Reporting Initiative.

### **YT**

On the Health front, infographics related to the HBSC data are currently being developed, with plans to have two live / interactive youth "actors" speak to / about the data, while being supported by the infographics behind them. It is the intention to bring this interactive piece back to the schools where the data was collected, as well as use them as an information piece for teachers and adult allies. Work on the SUAP ("Substance Use and Addictions Program") application continues, and the funding proposal has been submitted to PHAC. The intention is to engage with individuals (specifically in rural / remote communities), to build and share knowledge on effective treatments for substance use among youth. The CSH Framework, Developmental Assets Model, and PHAC's "Blueprint for Action" will be used as complementary pieces to this - with the long-term goal of introducing the Planet Youth/Icelandic Model.

### **NU**

The Legislative Assembly is currently sitting, and Bill 25 has just been passed - making amendments

to the Education Act. Among the amendments are significant changes to Part 6 of the Act, which covers inclusive education in the territory. More specifically, roles / responsibilities, and the oversight of inclusive education at the school level will move away from the district education authorities, and over to the principals. The territory has just confirmed their first 2 cases of COVID-19 since the beginning of the pandemic.

#### **NL**

Work is currently underway on a youth vaping social media campaign that is scheduled to be launched in January. Several students / youth have been engaged, and will assist with the development of the campaign. Work continues on a Healthy Eating and Physical Activity policy for schools. The Department of Education is updating their "Safe and Caring Schools Policy," with it now being called the "Safe and Healthy and Inclusive Schools Policy."

#### **PE**

Current focus remains on the new Provincial School Food Initiative that has just been launched. This initiative provides healthy lunch options for students across all schools in the province. The program is a pay-what-you-can model, in an effort to address food insecurity. The program will transition at the end of this coming school year to a newly formed non-profit group. On the health front, most employees have been redeployed, in an effort to deal with the ongoing COVID-19 pandemic.

#### **NS**

The Health Promoting Schools team continues to work on school food initiatives, active environments, and equity issues - as well as how best to distribute funds around Health Promoting Schools.

#### **NB**

Through a grant from the CIHR, a School Food Research Conference was hosted at the end of September by Université de Moncton. In conjunction with the [Food for All New Brunswick](#) food security network, the Resiliency Planning Team at the Department of Health are currently looking at school food, and food security as it relates to the implications of COVID-19. The Heart and Stroke Foundation of New Brunswick has recently started a school food pilot, with 10 schools participating in the province.

#### **ON**

In August, the province hired 625 school-focused nurses to provide rapid-response support to schools and boards, and facilitate public health measures, including screening, surveillance testing, tracing, and mitigation strategies. The Ministries of Health and Education have jointly established an Education Sector Preparedness and Outbreak Planning table (ESPOP), in an effort to coordinate and monitor outbreak preparedness, planning, and response activities in schools and childcare settings. This table is made up of individuals from the boards of education, public health units, the childcare sector, and those with scientific and technical expertise. In conjunction with Ophea, the Ministry of Education has funded the development of additional concussion safety resources for students and teachers, in connection with Rowan's Law, and can be found on the Ministry of Education's virtual

learning environment.

#### **MB**

The Department of Education continues to work on a Substance Use Curriculum, to supplement the current Health curriculum. The province has just announced that they will be moving into the “Code Red” phase - meaning all non-essential entities will be in lock down for a minimum of two weeks. Schools and daycares will remain open. The Department of Education has just announced that \$ 10 million in funding has been earmarked for an online distance learning center. Additional teachers and EAs will be hired to help deliver the curriculum online.

#### **SK**

The province has a new Minister of Education. Schools have been adapting their schedules accordingly in response to COVID-19 outbreaks, with several schools and classrooms being temporarily closed. As a result, several school divisions have instituted mandatory mask use for Pre-K to Grade 3 students. Mask use has been mandatory since September for Grades 4-12. Provincial exams are no longer mandatory, and will be optional for the 2021 school year for Grade 12 students. On the health front, the fall [CSHC newsletter](#) has been released, and can also be found on the public side of the JCSH website under the “Latest Additions” section.

#### **AB**

The tri-Ministry collaboration between Health, Education, and Culture, Multiculturalism & Status of Women funded Alberta’s Injury Prevention Centre to renew and revise the [Alberta Safety Guidelines for Physical Activity in Schools](#). These revised guidelines will be inclusive of concussion guidelines / protocol and include the Safety Guidelines for Secondary Interschool Athletics in Alberta (therefore, an all in one document versus multiple documents).

#### **BC**

Work is currently underway on a new Physical Activity prototype, with the intention that it will replace the old initiative - “Action Schools BC.” Face to face work (ie- training, delivery, workshops, etc) with the prototype had to be rescheduled, given implications of the COVID-19 pandemic. It is the hope that face to face prototyping in northern communities, specifically in Indigenous and First Nations schools, will begin soon. In conjunction with [DASH BC](#), the first phase of a needs assessment project has been completed. The assessment looks at how education partners (specifically teachers) access health promotion resources.

## **62. Upcoming SHCC WebEx Meetings**

- December 8 2020





- January 12 2021
- February 9 2021

*All meetings begin at 1:00 Eastern Time.*

### 63. Adjournment

**Record of Discussion  
School Health Coordinators' Committee Meeting  
December 8 2020**

**Chair: Cassandra Sullivan (BC)**

**Participants:**

<b>Jurisdiction</b>	<b>Representative</b>
BC	Cassandra Sullivan
AB	Pat Martz
SK	Anna Grumbly, Jonathon Renwick Helen Flengeris
MB	Jennifer Wood
ON	Sana Javed, Adam Ladak Gobi Jeyaratnam, Gianoula Korinis
NB	Sylvia Reentovich
PE	
NS	
NL	Peggy Orbasli
NU	
NT	
YT	Ian Parker
PHAC	Stéphanie Arbez
Secretariat	Susan Hornby
Secretariat	Craig Watson



## Record of Discussion

### 64. Welcome and Roll Call

Cassandra welcomed all to the meeting.

### 65. Review and Approval of Agenda

The agenda was approved as written.

### 66. Approval of Record of Discussion from the November 10 2020 meeting

The Record of Discussion from the November 10 2020 meeting was approved.

### 67. Mandate Approval Update and Autumn 2020 Work Plan

- Mandate Approval

To date, signed agreements for the next mandate have been received from BC, Alberta, Saskatchewan, Manitoba, Nova Scotia, PEI, Nunavut, Northwest Territories, and Yukon. New Brunswick has submitted a signed agreement from one Ministry. PEI is waiting for signed agreements (from both Ministries) from Ontario and Newfoundland and Labrador.

- Autumn Work Plan Priorities

Susan updated the group on the progress/direction for the Autumn 2020 priorities, and reviewed pertinent action items from the Work Plan that the Secretariat has been actively moving forward on. The Secretariat has developed tables, with the JCSH 2020-2021 Work Plan broken down into 4 seasonal blocks, in an effort to highlight who the leads are for particular items, what the purpose was for particular items, and what is required to move the respective items forward. A JCSH Priorities and Implementation Task Group has been formed, and will meet to begin review of the priorities.

- Collaboration with CMEC / ACDME: Update

As per the JCSH 2020-2021 Work Plan priorities, draft letters have been written by the Secretariat to be sent to the Council of Ministers of Education, Canada (CMEC), the Advisory Committee of Deputy Ministers of Education (ACDME), and the Deputy Ministers of Health/Health Promotion. The intent of the letters is to advise these groups of JCSH priorities for the new mandate, suggest collaboration on overlapping priority areas and, in the case of CMEC, invite a representative to sit at the JCSH table(s) in some capacity. The letters have been vetted by John Cummings (Co-Chair, JCSH Management Committee), and will be sent out pending Management Committee approval.

- Sedentary Behaviour Research Network (SBRN) Panel: Update

Susan updated the group on the work of the recently formed SBRN panel on which she was asked

to participate. Led by Dr. Mark Saunders and his team at the Children’s Hospital of Eastern Ontario (CHEO) and facilitated by Dr. Travis Saunders, a health researcher at UPEI, the research team is working to develop Education-Related Sedentary Behaviour Recommendations for school-aged children and youth. The purpose of the project is to develop specific recommendations and guidelines for education-related sedentary behaviours performed both at home and at school. Susan, along with health and research experts from around the globe, have been tasked to help review documents developed and drafts of these recommendations. The team is looking to summarize the data between now and April, 2021, have the draft recommendations from a scoping review completed by July, with a targeted release in the fall.

## **68. SHCC Task Group and Agendas**

- Task Groups

At the recent joint meeting of the Management Committee and the SHCC, approval for the formation of two task groups was granted. The first task groups is the JCSH Project 2020-2021 Task Group that will begin work on Substance Use Knowledge Summaries (using the PHAC surplus funding - also approved by the Management Committee). The Project Task Group will be begin work with PHAC, to develop a Request For Proposals that will go out to targeted researchers. The second task group is the Healthy School Planner Task Group, which will review / evaluate the HSP and determine future direction. Both of these task groups will begin meeting in early January, 2021.

- SHCC Agendas

In an effort to ensure that SHCC meetings / meeting agendas are as efficient and valuable as possible for SHCC members, month-to-month meeting formats have been modified - whereby one monthly meeting will be content heavy, with robust agendas, followed the next month by a presentation-focused meeting, with guests presenting on various / relevant topic areas. The first presentation-focused meeting will be in January, 2021, with an Social and Emotional Learning (SEL)-themed presentation from Ellen Coady (NL Department of Education and Early Childhood Development), and a presentation from Drs. Will Pickett and Wendy Craig (Queen’s University), providing an update on key findings from the Health Behaviour in School-aged Children (HBSC) data / report.

## **69. Emerging Trends and Opportunities / SHCC Check-in**

### **YT**

On the Health front, a series infographics related to the HBSC data are currently being developed, with plans to have two live / interactive youth “actors” speak to / about the data, while being supported by the infographics video behind them. It is the intention to bring this interactive piece back to the schools where the data was collected, as well as use the series as an information piece to help prompt discussion with teachers and adult allies around some of the more concerning

findings - such as the mental health of Grade 9 and 10 girls in rural Yukon.

**NL**

Flu vaccines were offered to students and staff in Grades 4-12 in schools this year, with the intent to use that model in offering COVID-19 vaccines when the rollout begins.

**PE**

Given a new cluster of recent COVID-19 cases among young people (20-30 year olds) in the central/Greater Charlottetown region of the province, new “Circuit Breaker” measures have been implemented by the CPHO, in an effort to quell the outbreak. All central region high schools have been closed temporarily, with the learning environment for those schools now resorting back to an online platform. The new Provincial School Food Initiative that was recently launched - providing healthy lunch options for students across all schools in the province - has now had to move to a home delivery model for students from those respective schools.

**NB**

Of the province’s 7 Health Zones, one zone remains at the “Orange” level, which means mandatory mask wearing for all staff and students, at all times while in the school. The province is looking to begin work at several pilot sites, using the Planet Youth Prevention Model, which aims to reduce and delay substance use among youth. The Heart and Stroke Foundation of New Brunswick has recently started a school food pilot, with 10 schools participating in the province.

**ON**

The Ministries of Health and Education have jointly established an Education Sector Preparedness and Outbreak Planning table (ESPOP), in an effort to coordinate and monitor outbreak preparedness, planning, and response activities in schools and childcare settings. The province’s Ministry of Health continues to support the safe reopening through the school-focused nurses’ initiative. This initiative provides rapid-response support to schools and boards, and facilitates public health measures, including screening, surveillance testing, tracing, and mitigation strategies.

**MB**

The province has extended the “Code Red” phase province-wide, and all non-essential entities will be in lockdown until January 8<sup>th</sup>. After the school holiday break, there will be mandatory at-home/online learning for students in Grades 7-12, in an effort to enable adequate social distancing and use of facilities. This at-home/online learning will be for a two week period, and it will be optional for students in Grades K-6.

**SK**

[The province has just announced a \\$400K funding commitment to provide Mental Health First Aid training to at least one staff member in each Saskatchewan school. This would make Mental Health First Aid available to students when needed, similar to physical first aid. Mental health and well-being will be a key component in the upcoming provincial education plan. A new module on](#)

[Two-Spirit identities has been added to the province's Deepening the Discussion: Gender and Sexual Diversity Toolkit.](#) The Ministries of Education and Health have recently partnered with the Lung Association, Saskatchewan to develop vaping resources for the province, with an expected release in early 2021.

#### **AB**

Stakeholder consultations for the province's K-6 curriculum was completed December 3-4, 2020. Grades K to 6 continue in-class learning, while junior and senior high school students switched to an online learning environment as of November 30, 2020. All students will then be off on a holiday break as of December 18, 2020 and they won't return to in-class learning until Jan 11, 2021 as there will be a week of at-home learning in the new year commencing January 4, 2021.

#### **BC**

In partnership with [ShareEdBC](#), free resources will be shared with BC teachers, in an effort to ensure that teachers have access to up-to-date and relevant health resources. Throughout BC's public health infrastructure, there has been analysis happening around the unintended consequences of the COVID-19 pandemic. More specifically, the analysis looks at what impact the infection prevention and control strategies have had on the health and well-being of the population. Children and youth within the school setting have been a key focus of this analysis - with an emphasis on mental health and well-being, and sedentary behavior/lack of opportunity for physical activity. The Ministry of Mental Health and Addictions is expanding mental health services for children and youth into several new communities. [Foundry BC](#) - one of BC's main mental health resource hubs - is looking to expand to nine new communities. Community engagement is currently underway, in an effort to ensure that this community integration will be efficient.

#### **PHAC**

A new [COVID-19 Awareness Toolkit has been developed. The toolkit contains videos, infographics, ready-to-print posters, and is now available to the public.](#)

### **70. Action Items Table**

The Action Items Table was reviewed.

- Environmental Scan: School-based Mental Health Plans and Guidelines

A request to have a new/updated environmental scan completed on school-based mental health plans and guidelines was raised at both the recent joint meeting of the Management Committee and SHCC, as well as the December SHCC meeting. Though the scan is not specific to the current pandemic, it was suggested that completing the scan through a lens of the year that has been defined by COVID-19 would be helpful in maximizing its use.

#### Action:

Susan will forward the scan template to the SHCC, with suggested areas for completion.

**71. Upcoming SHCC WebEx Meetings**

- January 12 2021
- February 9 2021
- March 9 2021
- April 13 2021

*All meetings begin at 1:00 Eastern Time.*

**72. Adjournment**